## Council on Mentally III Offenders (COMIO) 2016 Work Plan

#### Overview:

Since 2001, California, through the Council on Mentally III Offenders (COMIO), has recognized that individuals living with mental illness are at risk of becoming criminally involved without access to support and needed services. COMIO is a 12 member council chaired by the Secretary of the California Department of Corrections and Rehabilitation (CDCR) and is composed of key state departments and appointed expert representatives from criminal justice and mental health. Together the Council's purpose is to *investigate*, *identify*, and *promote* cost-effective strategies that:

- Prevent adults and juveniles with mental health needs from becoming offenders;
- Improve services for adults and juveniles with mental health needs who have a history of offending; and
- Identify incentives to encourage state and local criminal justice, juvenile justice, and mental health programs to adopt such approaches.

In 2015 the Council prioritized the following areas to make recommendations:

- Diversion of persons with mental health needs from the criminal justice system;
- Improvement of first responder training for encounters with persons with mental illness; and
- Prevention of youth with mental health needs from becoming involved in the juvenile justice system.

In order to develop recommendations, COMIO established three time limited committees - Diversion, First Responder Training, and Juvenile Justice Prevention. While the committees meet independently they are interrelated and share similarities such as all looking to identify best practices. In other words, making progress in one area leads to related impacts in another area. For example, improving availability and quality of mental health training impacts adults and juveniles and increasing service capacity supports providing alternatives to jails and emergency departments for newly trained first responders.

COMIO provided a comprehensive annual report, including recommendations on these priorities, to the Legislature which can be accessed at <a href="http://www.cdcr.ca.gov/COMIO/">http://www.cdcr.ca.gov/COMIO/</a>.

In 2016 the Council is tasked with conducting activities to fulfill their purpose and further address the priorities identified in 2015. The council will continue to use the three committee structure to conduct it works and use a work plan to focus and structure their actions. This work plan was reviewed and adopted at the January 21, 2016 meeting. Minor changes from council member comments are reflected in the adopted work plan provided here. Most notably the First Responder Training committee will now be referred to as the Training committee to reflect the full

inclusion of the training needs of all partners in the criminal justice sector, including first responders. Recognizing the complexity of the issues, the rapidly changing environment, and the need to seize opportunities for progressive change, the work plan may be updated as necessary on an on-going basis.

#### The work plan will consist of 3 elements:

- ➤ Effectively Communicating and Conducting COMIO's Mission and Work
- Investigating, Identifying, and Promoting Cost Effective Strategies and Best Practices
- Providing Incentives for Adoption of Cost Effective Strategies and Best Practices

#### **Effectively Communicating and Conducting COMIO's Mission and Work**

| AREA                  | Objective  | Activities  | Output/Product/<br>or Outcome                               | Due Date       |
|-----------------------|--|---|---|----------------|
| Communication<br>Plan | Develop a comprehensive communication plan to effectively promote the mission and purpose of | Develop messaging and tools for COMIO members regarding 2015 report and recommendations | Executive Summary,<br>Fact Sheet a                          | January 2016   |
|                       | СОМІО  | Widely and effectively disseminate     2015 annual report                               | Print and mail to identified key audiences and              | February 2016  |
|                       |  | Provide regular updates via email to key external stakeholders                          | E-newsletter,<br>Presentations                              | On-going 2016  |
|                       |  | Enhance website as a primary communication and resource tool                            | Improvements and updates to web content                     | April 2016     |
|                       |  |   | Increased traffic to the website/ improved google analytics | September 2016 |
| Relationship          | Strategically involve and  | Identify strategic partners and   | Strengthen ad-hoc   | March 2016     |

# \*\*\*Adopted January 21 2016\*\*\*

| Building/<br>Collaboration                  | support critical COMIO partners and collaborators   |    | collaborators and determine if and how COMIO can offer support – including participating in their workgroup/ committee structures                          | committee<br>participation                                 |           |
|---|---|----|--|--|-----------|
|   |   | 2. | Invite appropriate partners and collaborators to ad-hoc committees and workgroups to strengthen on the ground expertise                                    | Share and promote other's aligned work                     | On-going  |
|   |   | 3. | Continue to act as a resource for information to our partners in the Administration and the Legislature  | Council members to participate in meetings as needed       | On-going  |
| Capacity<br>Building/ Form<br>and Structure | Determine an effective yet feasible model for future council meetings, including ad-hoc committee or workgroup components | 1. | Research best practices models for other state councils and commissions and seek input from members and stakeholders                                       | Present findings for<br>deliberation for<br>future changes | July 2016 |
|   | Investigate strategies to support COMIO capacity building   | 2. | Maximizing Partnerships with other<br>State and Local Government partners,<br>and associated entities such as<br>research and public policy entities, etc. | Participate as capacity and priority permits               | On-going  |
|   |   | 3. | Student Assistant(s)   | Increased support  | ASAP      |
|   |   | 4. | Explore whether and how to pursue strategies that support capacity building for COMIO to conduct its work  | Present findings   | July 2016 |

### **COMIO Activities for 2016 – Investigate, Identify and Promote Cost Effective Strategies and Best Practices**

(Note that activities are listed in priority order based on ad-hoc committee input)

| Priority Area | Objective   | Activities   | Output/<br>Product/ or<br>Outcome | Due Date                     |
|---------------|---|--|-----------------------------------|------------------------------|
| DIVERSION     | Investigate the following challenges and begin to answer the questions "Divert to What" and "Divert to Where"  Can we identify/assess the size and needs of criminally involved persons with mental illness in  | <ol> <li>Map which entities are studying what<br/>regarding emerging best practices from<br/>public safety realignment, MIOCR, MHSA<br/>programs and others. What are we<br/>learning specifically about criminally<br/>involved persons with mental illness and<br/>what do we still need to know?</li> </ol>           | Report Findings                   | July 2016                    |
|               | different counties?  What mix of community services, including housing is needed for  | 2. Participate in Prop 47 Implementation   | Diversion is<br>Prioritized       | On-going                     |
|               | this population?  Where are MHSA or Public Safety Funds presently being spent on criminally involved persons with mental illness in each of our Counties?  How can we maximize federal Medicaid dollars to create substance abuse/mental health residential facilities? | <ul> <li>3. Promote Pre-Incarceration Strategies:         <ul> <li>Contents of 2015 report</li> <li>Centralized assessment and triage centers</li> <li>a common assessment tool</li> <li>identifiers for community placed high-risk individuals</li> <li>adequate housing and residential options</li> </ul> </li> </ul> | Report Findings                   | On-going<br>November<br>2016 |
|               | How can we address existing barriers to capacity building (e.g. Nimbyism and Data Sharing) with solutions or strategies to overcome them?  Investigate strategies to tie diversion  | <ul> <li>Identify:         <ul> <li>Local programs that are effectively serving criminally involved persons (adult and youth) with mental health challenges</li> <li>Local programs that are</li> </ul> </li> </ul>  | Report Findings                   | November<br>2016             |

|          | efforts to the existing mental health system  Are existing local mental health delivery systems user-friendly and qualified to work with criminally involved persons with mental illness arrested in the community? | 5. | innovating and diverting prior to arrest or trial  The role Public Guardians play in diversion and support improvements  Barriers to providers serving the target population (e.g. restrictions on services due to criminal status)  Policy and legislative barriers that need to be addressed for the above  Participate in planning and implementation efforts for service expansion, and for them to target populations at risk of incarceration. (e.g. Health Home Pilot, Certified Behavioral Health Clinics) | Crisis and<br>Coordination<br>Services are<br>Prioritized | November<br>2016              |
|----------|---|----|--|---|-------------------------------|
| TRAINING | Continue to learn more about the training delivered to first responders, correctional staff, probation staff, and parole staff.  Support high quality Mental Health   |    | Promote contents of existing annual report  Build on what has already been accomplished with focus on enhancing understanding of the training needs of a full range of first responders including  | Dissemination  Report Findings                            | February<br>2016<br>June 2016 |
|          | Training for first responders and community correctional staff which include county probation officers, state parole agents, and state, county and city correctional officer.                                       | 3. | fire and emergency services  Investigate the training being provided to law enforcement and how COMIO can be a resource for those interested in improving their training, especially those working at the community level  | Dissemination,<br>support<br>collaboration                | On-going                      |

|                                     |   | 4. | Act as a conduit for multiple training entities, facilitate sharing of best practices including the use of data to   | Report Findings   | September<br>2016 |
|-------------------------------------|---|----|--|---|-------------------|
|                                     | Identify strategies to support the mental well-being of first responders themselves.  | 5. | Investigate what is being done to support the mental well-being of first responders  | Report Findings   | November<br>2016  |
| PREVENT JJ<br>SYSTEM<br>INVOLVEMENT | Continue to promote promising practices in prevention and early intervention programs that could significantly reduce criminal justice contact for youth with | 1. | Promote existing contents of annual report and send to identified prevention partners.   | Dissemination   | February<br>2016  |
|                                     | trauma and other mental health needs.   | 2. | Investigate added value role COMIO can<br>provide in the Continuum of Care<br>Reforms being implemented by the CA<br>Depart of Social Services   | Participation, if warranted, in implementation activities | On-going          |
|                                     | Collaborate with Diversion and Training Committees, when appropriate, to include the needs of juveniles/ youth in their activities                            | 3. | Investigate the content and availability of training to support youth with mental health needs who are or who are at risk of incarceration   | Report Findings   | September<br>2016 |
|                                     | Promote strategies to address the racial and ethnic disproportion of youth of color in the juvenile justice system.   | 4. | Identify and promote resources to address the racial and ethnic disproportion of youth of color in the JJ system made available by the Board of State and Community Corrections and others to support implementation of effective strategies | Report Findings   | November<br>2016  |

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# **Providing Incentives for Adoption of Cost Effective Strategies and Best Practices**

| Priority Area                       | Objective                            | Activity   | Output/<br>Product/ or<br>Outcome | Due Date      |
|-------------------------------------|--------------------------------------|--|-----------------------------------|---------------|
| DIVERSION                           | Raise Awareness of Model<br>Programs | Model Program Local Site Visit or<br>Educational Forum | COMIO Best<br>Practices Award     | November 2016 |
| TRAINING                            | Raise Awareness of Model<br>Programs | Model Program Local Site Visit or<br>Educational Forum | COMIO Best<br>Practice Award      | November 2016 |
| PREVENT JJ<br>SYSTEM<br>INVOLVEMENT | Raise Awareness of Model<br>Programs | Model Program Local Site Visit or<br>Educational Forum | COMIO Best<br>Practice Award      | November 2016 |